

**Title;** The Sternoclavicular Joint- assessment and rehabilitation of this often ignored joint”.

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**Learning Objectives;** to understand a little more the importance of the SCJ and the role it has in optimal shoulder function, Also to identify assessment techniques and treatment options.

**Summary;** the SCJ is the only place the shoulder girdle attaches to the axial skeleton, identification of sub optimal mechanics through assessment and treatment can have a profound effect on improving shoulder dysfunctions.

**Implications;** Lack of ability to assess the function and treat dysfunctions of the SCJ could be a causative factor in continuing shoulder pain.

**Key Words;** Sterno- Clavicular joint, clavicle, subclavius, scaleni muscles, scapular dyskinesis

**References;** to follow