

### **Biography-Dr Ian Horsley PhD, MSc, MCSP, CSCS**



Ian has been a physiotherapist for nearly 30 years. He worked as a physiotherapist for England Rugby Union, for 14 years, in with various teams, and spent the last 6 years working with the Elite Playing squad, as physiotherapist to England 'A'.

Currently Ian is Lead Physiotherapist and Technical Lead for the North West for the English Institute of Sport, Clinical Director of Back In Action Rehabilitation, in Wakefield, West Yorkshire, associate lecturer at Salford University, and member of the EdCom for EUSSER and BESS.

He concluded his PhD in 2103 examining the issues around shoulder injuries in professional rugby, and has published several articles in peer reviewed journals on the subject of musculoskeletal injury management, and contributed chapters to several books on sports injury management.

He worked as part of the HQ medical team for Team England at the 2010 and 2014 Commonwealth Games, was a member of the Team GB HQ medical team at the 2012 and 2016 Olympic Games and currently is a Consultant Physiotherapist to England Football.

In his spare time, Ian spends most of his time trying to learn to play golf, supporting Barnsley FC and have some quality time with his wife now the children have grown.